

FRESH SKIN CLINIC

Promoting skin confidence since 2009

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2019 Price List

Fresh Skin Clinic

Established in 2009, Fresh Skin Clinics Ltd, Fresh Skin Medical Ltd and The Fresh Skin Store are all owned & run by Joanna Manton.

As a registered nurse prescriber steeped in NHS values and best practice, Joanna and her team promote skin confidence with a fresh & natural look and a light touch philosophy.

Over the past decade or so, Joanna has become a trusted source of advice for cosmetic therapies, medical skin conditions and skin confidence issues for clients ranging from 9 to 90.

Fresh Skin Clinic operates out of the Cheshire head office in Prestbury as well as a satellite clinic in Menai Bridge, North Wales.

Joanna and her team of medical & aesthetic practitioners offer non-surgical cosmetic treatments alongside medical procedures for a wide range of conditions & treatments that include the following:

- Injected treatments eg: anti-aging and filler.
- Medical laser & light therapies eg: acne, scarring, rosacea, ice tip pain-free hair removal & tattoo removal.
- Prescribed skincare eg: Obagi

Happy to describe themselves as 'skin geeks' everyone at Fresh Skin Clinic engages in continual research into the latest developments in the field to ensure their clients are provided with the most effective contemporary treatments and therapies.

Skin Peels

1. Superficial Peels from £100

This treatment involves only a little down time and rejuvenates the skin to reveal a brighter, more radiant complexion and can be used to correct a range of skin conditions including, but not limited to:

- Seborrhoea/Acne – salicylic, pyruvic, ferulac, blue radiance peels
- Melasma- Mandelic or ferulac peel
- Pigmentation – Mandelic, Pyruvic or Jessner peel
- Photo-ageing/ lines & wrinkles – Mandelic peel
- Rosacea- Azelac peel, Mandelic or ferulac peel

Courses of 3 from £270

2. Medium Deep Peels from £500

These treatments can involve a longer recovery phase, perhaps lasting 5-7 days.

3. Obagi® Blue Peel (15% & 20%) £500

This type of skin peel is administered by the medical practitioner and will require pre and post care. The treatment can involve a longer recovery phase, perhaps lasting 5-7 days.

This treatment is indicated for more persistent skin conditions :

- Moderate to severe photo ageing
- Deep lines and wrinkles
- Post acne scars / blemishes
- Solar keratoses
- Dermal pigmentation

Facial Treatments

1. Fresh Skin Clinic signature facial 45 minutes £30

A customized facial designed to identify specific skin concerns. Includes a comprehensive consultation, skin analysis and tailored treatment plan.

2. IS Clinical Fire & Ice Resurfacing Facial 45 minutes £85

Resurfacing, anti-ageing, anti-acneic, this is suitable for all suitable for all skin types except rosacea. This intensive botanical resurfacing treatment is designed to safely resurface the skin, reduce fine lines, encourage cellular renewal, brighten and hydrate

3. Fire and Ice Fusion Facial with LED 60 minutes £150

Resurfacing, anti-ageing, anti-acneic. Suitable for all skins except rosacea. The acclaimed fire and ice resurfacing treatment featuring targeted LED light therapy tailored to meet individual skin concerns.

4. Foaming Enzyme Optimising Facial 40 minutes £75

Brightening & tightening. Suitable for all skins even sensitive and rosacea. This professional treatment produces a luxurious foaming activity while the bio active ingredients exfoliate and deep cleanse the pores to reveal a polished and radiant complexion.

Facial treatments continued....

5. Harmony Facial 30 Minutes £60

Soothing, Nourishing, Hydrating. The Harmony facial is designed to gently reinvigorate fatigued skin and awaken the senses. Features therapeutic bio nutrients, anti-oxidants and penetrating hydrators to restore tone and resilience to the skin. NOTE: Some clients have used this facial as part of their cancer recovery program.

6. Eye Bright Treatment 30 Minutes £40

Hydrating, revitalising, anti-ageing. This treatment is indicated for puffiness, dark circles and hollowness. This treatment is recommended as an upgrade to any IS clinical facial.

7. Endocare Growth Factor Facial 45 minutes £140

Rejuvenating, anti-ageing, collagen boosting. An advanced anti-ageing dermal regeneration treatment which stimulates collagen physically and visibly to rejuvenate ageing skin. It includes growth factor technology, micro-needling and lift & sculpt massage.

Course of 3 £420

(includes a 30-day supply of take home product)

8. EDS Skin Needling from £200

This treatment is for skin rejuvenation, photo-ageing, scarring, stretch marks and pigmentation. Professional micro needling produces thousands of micro channels in the skin, which in turn, stimulates the skin to naturally regenerate and repair itself.

IPL & Laser Treatments

Alma Laser® & light system therapies

Using the latest medical grade laser technology from Alma lasers it is possible to treat a wide range of skin conditions including:

- Acne
- Acne rosacea
- Thread veins
- Pigmentation
- Sun damage
- Lax skin

The “360 Degree” laser system from Alma enables a bespoke course of treatments combined with prescribed skin care to help enhance skin confidence and achieve client skin goals.

- Patch test and skin assessment (reimbursed if you go ahead with a treatment) £25
- Individual session of treatment £80
- Bespoke course of 8 sessions £550 (includes complimentary SPF 50)

Some people may experience some or all of the above skin conditions and it is preferable to treat them in combination using several complimentary treatments. For example, many people combine any of the above treatments with a take home skincare system by Aestheticare for £160.

Ask for more information at your free consultation.

Permanent Hair Reduction

Pain Free Laser Hair Removal

Using pain free, medical grade Alma ice-cooling laser technology, each treatment is tailored to the individual's unique combination of hair colour, follicle density, skin type & required outcome.

Female

- Half Leg – from £150
- Full Leg – from £235
- Full Arm – £99
- Lower Arm – £60
- Bikini Line – from £75
- Brazilian – from £115
- Hollywood – from £115
- Underarm – from £65
- Top Lip – from £45
- Face – from £65
- Neck – from £50
- Chin – from £45
- Small areas e.g. fingers/naval – £45

Male:

- Shoulders & Neck – from £120
- Full Back – from £220
- Half Back – from £120
- Chest – from £120
- Abdomen – from £120
- Beard – from £65
- Buttocks – £99
- Neck – £45

Light Therapies

Kleresca® Light Therapy

1. Skin Rejuvenation 45 minutes £120

Inspired by photosynthesis, Kleresca uses fluorescent light energy to stimulate the skin's own biological repair mechanisms through a process known as photo-biomodulation. This treatment addresses the signs of ageing by inducing collagen production, reducing pore size, fine lines and scarring.

Course of 4 £430

2. Acne Treatment 60 minutes £200

This treatment addresses several factors of acne patho-genesis by reducing p.acnes (Propionibacterium acnes), inflammation and scarring.

Course of 12 (6 sessions) £1,200

Dessee LED therapy 30 minutes £65

Anti-ageing, purifying, calming, brightening, detoxifying. This is a targeted wavelength therapy treatment designed to stimulate natural cellular responses, encourage skin rejuvenation and improve a range of skin conditions and can be combined with any other facial treatment

All light therapies require a detailed pre-treatment consultation prior to commencement.

Tattoo Removal

From £65 per treatment:

Using state of the art medical grade technology, the Ruby laser for tattoo removal delivers effective results on a variety of inks & skin types.

Consultations are free of charge and treatment prices start at £65 per session.

During your consultation, consideration will be given to providing the client with an estimate of the quantity, frequency and duration of the laser sessions likely to achieve the required effect.

Cryopen Treatments

From £60 per treatment

Using state of the art medical grade technology, the freezing effects of liquid nitrogen offer effective results on a variety of conditions such as skin tags etc...

During your consultation, consideration will be given to providing the client with an estimate of the quantity & frequency of sessions likely to achieve the required effect.

For example, 5 small tags can be treated for as little as £100.

All prices are on consultation, with some areas needing further treatments, which will incur further charges.

Injected Treatments

Botulinum Toxin - Botox®.

- 1 area £195
- 2 areas £245
- 3 areas £295
- Lower face, small areas £55

All prices include a free 2 week review with top ups if required and other brands of toxins are available.

NOTE: All prescriptions are only available following a face to face consultation with your nurse prescriber.

Dermal Fillers

Juvederm®, Teosyal® & Belotero®

- Nose to Mouth Lines / Mouth to Chin Lines £250
- Mid-face Volume / Cheek Augmentation £450
- Tear Trough Filler £350
- Perioral (smokers lines) £150
- Lip Filler 0.5ml £150 / 1ml £220 / 1.5ml £330

Profilho® for Skin Rejuvenation

- Treatments from £500

Other

- Vitamin B injections £50

Prescription Skincare

Obagi® Medical Skin Systems

Results driven prescribed skin care:

- Obagi 360 System (includes 0.5% retinol) £135
- Obagi 1% Retinol £57.60
- Obagi Clenziderm System for Acne £144
- Obagi Nuderm System – skin transformation system for Age spots, melasma, fine lines & wrinkles and acne scarring £424
- Obagi Tretinoin 0.25% £91.60 / 0.5% £99 / 1% £112
- Obagi CRX System addresses early signs of aging and skin discolouration with vitamin C and hydroquinone 4% £332

Products are also available to purchase individually following consultation.

NOTE: All prescribed skincare is only available following a face to face consultation with your nurse prescriber.

NOTE: Many more skincare products are available to purchase in the Clinic or online from the Fresh Skin Store at www.freshskinstore.com